

PREVENTION RESOURCES AND EDUCATION FOR PARENTS/ CAREGIVERS



Caron's Education Alliance presents PREP, Prevention Resources and Education for Parents. Customized versions of these presentations are available for parents and caregivers of elementary, middle, and high school youth and are facilitated by professionals who specialize in the prevention of substance use disorders.

Program Objectives

- Provide information on current youth substance use trends, such as vaping, and the dangers of use to the developing brain and body
- Empower parents and caregivers with effective communication skills when talking with their children about alcohol, nicotine and other drug use
- Review the importance of establishing clear rules and consequences at home regarding substance use
- Evaluate resiliency factors that help protect kids from substance use
- Provide local resources if substance use treatment is needed

Did you Know

- Parents are the #1 influence on their children's lives.
- Many teens report they want their parents to talk to them about substance use, but many parents are uncomfortable with starting the conversation.
- Teens consistently identify "disappointing their parents" as a major deterrent of substance use.

